BHC-7 Questionnaire

In relation to your chief complaint, please check the option which most accurately reflects your opinion.

	No Problems	Some Problems	Considerable Problems	Serious Problems
Over the last two weeks, how would you rate:		•		
1. Your relationships with family and friends?				
2. Your work relationships?				
3. Your work performance?				
4. Your ability to perform your daily grooming and hygiene?				
5. Your ability to manage your daily stress?				
6. Your ability to participate in leisure activities?				
7. Your ability to engage in physical activity/exercise?				
Count each column:				
(For office coding) — Multiply:	x 0	x 1	x 2	х 3
Total:	0 -	+ +	-	_ ⊦