PRIVATE COUNSELLING – MEDICINE HAT AND BROOKS AREA

Andrus & Associates
Individual, couples and family counselling
Suite #56, 419 3rd Street SE, Medicine Hat, AB
Phone: 403-487-5222
Email: spandrus@shaw.ca

Olson Counseling
Mindfulness Based Cognitive Behavioral Therapy, Emotions Focus Therapy, Depression, Anxiety, Trauma
EMDR certified
#3 - 675 3 St SE, Medicine Hat, AB
Phone: 403-488-0220

Peggy Davis, Family Counsellor
Individual, Couples & Family Therapy, Clinical Hypnosis
204-578 3rd St SE, Medicine Hat, AB T1A 0H3
Phone: 403-527-2114
Website: www.peggypackard.ca
Email: askpeggypackard.ca

A Better Life Consulting & Counseling
Individual Therapy, EMDR, Couples Therapy, Grief Recovery Program, Trauma, adults only
104 612 Kingsway Ave SE, Medicine Hat, T1A 4H2
Phone: 403-527-3936
Website: abetterlifeconsulting.com
Email: gail@betterlifeconsulting.com

Ina Leahy Grief Counselling
Grief Counselling based on the companioning model of Dr. Alan Wolfelt
Phone: 403-866-2020

Lily Laurent
Individuals, couples & families; depression, anxiety, grief, trauma, relationship issues, work collaboratively to find strategies for positive change.
Phone: 403 581 6828
Medicine Hat, AB
Solution-Focused Psychology
Adult Counselling, Marriage, Family, Group Children's Counselling, Assessment Services
380 5th Street SE, Medicine Hat, Alberta, T1A 0M8
Phone: 403-504-9777
Website: www.solfoopsy.ca

Infusion Counselling
Individuals and Families
445 4th Street SE, Medicine Hat, Alberta
Phone: 403-952-5054
Website: http://www.infusioncounselling.com/
Email: infusioncounselling@gmail.com

Bonnie Rude-Weisman
Assessment & Therapy for Children, Adolescents, Adults and Families
9 Chinook Drive SW, Medicine Hat, Alberta
Phone: 403-526-8116

Stevens Consulting
Traditional Therapy & Self-Regulation Therapy
#104 – 1601 Dunmore Rd SE, Medicine Hat, AB T1A 1Z8
Phone 403-529-0800
Website: www.stevensconsulting.com
Email: sandy@stevensconsulting.com

Medicine Hat Counselling Collective
Depression, Anxiety, Individual, Post-Divorce & Children’s Therapy
231 6th Ave SE, Medicine Hat, AB, T1A 3L7 (Downtown next door to HSBC Bank on 6th Ave between 2nd and 3rd street)
Phone (403)-527-5911
Website: http://medicinehatcounselling.ca/
Email: atscholosser@gmail.com

Keys to Hope Counselling
Adult individual and couples counselling, Family counselling, Youth counselling, Trauma and anxiety-related counselling, EMDR, Animal assisted therapy
104 1865 Dunmore Road SE, Medicine Hat AB
Phone: 403-487-1607
Website: http://www.keystohopecounsellingservices.com
Email: keystohope.assistant@outlook.com
Medicine Hat Family Service
Individuals, couples and families develop effective communication skills in order to address family issues.
477 3rd St SE Medicine Hat, AB, T1A 0G0
Phone: 403-504-8026

The Next Us Psychology
Services for children, teens, adults, couples and families
Parenting groups for teenagers – Connect Group
Play therapy for children
Medicine Hat, AB
Phone: Mary Lou 403-878-2858
Phone: Leanne 403-580-0332
Website:  http://www.medicinehatpsychologist.com/

Sonita Goehring Counselling Services (serves both Medicine Hat & Brooks)
Individuals, Group and Families
104 -1865 Dunmore Rd SE
Medicine Hat, AB
403-487-1603
Website:  www.sonitagoehring.weebly.com
Email:  gosonita@gmail.com

Bee Well Counselling
Couples, Families, Grief, Depression, Anxiety, Trauma, Post-Traumatic Stress, Mindfulness, Equine-assisted counseling
636 Alberta St W, Brooks, AB T1R 1E4
Phone 403-376-0882
Website:  www.beewellcounselling.com
Email:  beewellcounselling@gmail.com

Lifetalk Counselling Services
Individuals, Couples & Families
216 – 327 3rd Street W, Brooks AB
Phone 403-362-2210
Website:  https://lifetalkcounselling.ca/